

**6th Pan-Cretan Interdisciplinary Congress on
Alzheimer's Disease and Related Disorders
&
2nd Pan-Hellenic Congress on Active and Healthy Ageing**

'The patient with dementia as a person and as a value'

WITHIN THE WORLD ALZHEIMER'S DAY AND
THE GLOBAL DAY FOR THE 3rd AGE AND HEALTHY AGEING

27-30 SEPTEMBER 2018
HOTEL GALAXY HERAKLION CRETE

ORGANIZATION

Society of Alzheimer's Disease and Related Disorders of Heraklion Prefecture
SOLIDARITY ("ALLILEGGII")

With the cooperation:

- Internal Medicine Ward Department, Neurology Department, Psychiatry Department and Clinic of Social and Family Medicine of the University of Crete
- Societies of Alzheimer's Disease of Chania and Rethymnon, Crete
- Foundation of Research and Technology Heraklion (FORTH) and Technological Educational Institution of Crete (TEI)

Under the auspices:

- *Region of Crete*
- *7th YPE Crete*
- *Municipality of Heraklion*
- *Pan-Hellenic Medical Association*
- *Medical Association of Heraklion*
- *Medical Society of Heraklion*
- *Hellenic Federation of Alzheimer's Disease*
- *Hellenic Gerontological and Geriatric Society*
- *Hellenic Society for the Study and Research on Aging*

ORGANIZATIONAL COMMITTEE

Chair: Ioanna Kortsidaki, Symeon Panagiotakis

Members:

Mary Detoraki
Eva Eleftheraki Sakellariou
Yannis Theodorakis
Chrysa Zouraraki
Eleni Kastrinaki
Fotini Kounti-Zafiropoulou
Emmanouil Papastefanakis
Kati Sbokou
Popi Fronimaki

SCIENTIFIC COMMITTEE

Chair: Magda Tsolaki, Symeon Panagiotakis

Members:

Ioanna Ameridou
Zacharoula Androulaki
Alexander Vgontzas
Anastasia Gargeraki
Achilles Gikas
Evangelos Grinakis
Ioannis Zaganas
Kostas Zacharenakis
Chrysa Zouraraki
Katerina Theodoraki
Eliza Iatraki
Fotini Kounti-Zafiropoulou
Aggeliki Liakouri Roumelioti
Christos Lionis
Kallia Maniorou
Panayiotis Mitsias
Simeon Panagiotakis
Emmanouil Papastefanakis
Kostas Papoutsakis
Garyfalia Perysinaki
Eleni Petinaraki
Paraskevi Sakka
Eva Sabrovalaki
Georgia Sekertzi
Panayiotis Simos

Nikos Sfakianakis
Maria Tzanakaki Melissari
Eleftheria Tzanaki

Secretariat

6th Pancreatic Interdisciplinary Congress of Alzheimer's Disease and Related
Disorders and
2nd Panhellenic Conference on active and healthy aging
Natassa Bizaki, Orestis Genatakis
Tel. 6947816155
e-mail: alzheimer.heraklion@gmail.com

Dear friends and colleagues,

With great pleasure and a sense of responsibility, we welcome you at the 6th Pancretan Interdisciplinary Congress on Alzheimer's Disease and Related Disorders as well as the 2nd Pan-Hellenic Congress on Active and Healthy Ageing. These Congresses are a continuation of the Pancretan Interdisciplinary Conferences organized successfully in Heraklion from 2007 to 2016.

The medical, emotional, social and economic implications of dementia leave no space for complacency. Combining the development and diffusion of scientific knowledge with the mobilization of the state and society in general is the only way to address this complex problem.

The cooperation of scientific bodies, the University and the voluntary organizations in this effort is essential and decisive. Our ambition is the 6th Pancretan Interdisciplinary Congress on Alzheimer's Disease and Related Disorders as well as the 2nd Pan-Hellenic Congress on Active and Healthy Ageing to once again be a springboard for better co-ordination and co-operation of all the relevant health service providers involved in the disease.

On behalf of the Organizing Committee and the Scientific Committee and with the belief that these events have become an institution for our island, we welcome all of you in Heraklion and wish you a creative and enjoyable weekend.

Ioanna Kortsidaki

Chairman of the Board of the members

Society of Alzheimer's Disease and Related Disorders of Heraklion Prefecture

'SOLIDARITY' ("ALLILEGGYI")

First Vice President of the Pan-Hellenic Alzheimer's Federation

Dear colleagues,

The originality of this 6th Pancretan Interdisciplinary Conference is that it is built on the basis of two axes. The first is to present the latest knowledge and practice on Alzheimer's disease in an interdisciplinary and integrated way, bringing together professionals / scientists from the fields of medicine, psychology, nursing, social sciences, biology and biochemistry, nutrition, IT and medical technology as well as legal and other, highlighting the complexity and beauty of managing the disease and caring for the individual/ person with dementia.

The second axis aims to present modern guidelines for the treatment of geriatric patients and adults in general over the age of 65 and to recommend good habits and practices that promote active and healthy aging and prevent susceptibility.

Symeon Panagiotakis

Vice-President of the Board of the members

Society of Alzheimer's Disease and Related Disorders of Heraklion Prefecture

'SOLIDARITY' ("ALLILEGGYI")

Attending Physician- Gerontologist, University Hospital of Heraklion

In the context of the parallel actions of the conference, a photo exhibition of the member of SOLIDARITY, physiotherapist and award-winning photographer, Stefanos Paterakis, will be held in a separate room, with the subject "THIRD AGE-THIRD LIFE".

(MEZZO Hall, Galaxy Hotel, 27-30 September 2018, Heraklion)

THURSDAY 27 SEPTEMBER 2018

9.00-9.30 VENUE Subscriptions

9.30-10.00 Presentation of Alzheimer Societies in Crete

Alzheimer's Society of Rethymnon
Alzheimer's Society of Chania

Ioanna Kortsidaki
Catherine Zaheila
Melissari Ioanna Aik.

10.00-11.00 13 Years Café-Alzheimer of Heraklion

INTERACTIVE LABORATORY:

Creative employment of patients
with major cognitive disorder
(Treating through gymnastics, memories,
creative work and music)

Ioanna Kortsidaki
Katerina Theodorakis
Marianthi Atsalis
Eva Sabrovalaki
Fotini Chatzaki
Eleftheria Tzanaki
Kostas Zacharenakis
Pavlos Potourides
and ... Carers

11.00-11.30 Coffee Break

**11.30-13.00 ABILITY OF JUDICIAL ACTION OF THE PATIENT WITH
DEMENTIA**

Coordinator: Maria Daniela Marouda

Decision-Making Capacity – Surrogate Decision Making
Proposals for amendments to the legislation
Prospects of financial support from services of the state
Alzheimer's Disease: How much disability?
Bioethical Issues of Alzheimer's Disease

Georgia Nirakis
Manolis Atsalis
Stella Perysinaki
Maria Tzanakaki
Nikos Kosmadakis

13.00-14.00 PROMOTION OF HEALTH IN LONG-TERM CARE

Coordinators: Kallia Maniorou, Eva Sabrovalaki

Dynamic Model and Long-Term Care
Nursing Care and Prevention of Health Problems
Physical Exercise and Mobilization in Long-term
Care
Program of Activities and Mental
Empowerment in Long-term Care

Costis Prouskas
Dora Kolioussi
Sotiris Fotopoulos
Stathis Tryfonopoulos

**14.00-14.15 How the personality of caregiver
affects the care of the patient with dementia:**

Recent data and critical analysis

Presentation: Ioanna Kortsidaki

Eliza Iatraki

**14.15-14.30 The importance of carob in the diet
and his contribution to healthy aging**

Presentation: Eva Sakellariou

Nikoleta Kapsoritaki

14.30-16.00 Break

16.00-17.15 CARE FORMS IN THE COMMUNITY

Coordinator: Spyridon Epitropakis
Nursing Home or stay within the family

Alexandros Kallergis
Ioanna Kortsidaki

Active Ageing: Preventive interventions for
older people in rural areas in the Municipality of Malevizi Chryssa Katsapi

Presentation of the Program “Promotion of Healthy
and Active Aging” in Serres Prefecture Aikaterina Nomidou

Frailty syndrome: Its relationship
with cognitive decline in older people who
receive home care

Christos Kleisaris
Argyro Maria Kasampa
Julia Giannakopoulou
Eleni Maria Kaffatou
Anna Liza Slasto
Emm. Androulakis

**17.15-18.15 SYMPATHY AND EMPATHY AS THE MAIN INSTRUMENTS
FOR COMMUNICATION AMONG PATIENT WITH DEMENTIA, FAMILY
AND CARER**

Coordinates: Christos Lionis

Aikaterini Koutra
Maria Basta
Sue Shea
Michalis Sialtsis

**18.15-19.00 DEBATE ON THE MANAGEMENT OF
BEHAVIOURAL SYMPTOMS OF DEMENTIA: PSYCHOLOGICAL
THERAPY AND PSYCHO-TRAINING VS
PHARMACEUTICAL MANAGEMENT**

Fotini Kounti
Vangelis Grinakis

19.00-19.30 Coffee Break

**19.30-20.00 The evolutionary view of ageing and
death**

Presentation: Ioanna Kortsidaki

Eleftherios Zouros

**20.00-20.30 Robotics in Elderly Care:
European Enrichment Program**

Presentation: Ioanna Kortsidaki

Costis Prouskas

20.30-21.00 Ageing, Technology and Mental Functions Marios Kyriazis
Presentation: Eleftherios Zouros

FRIDAY 28 SEPTEMBER 2018

**9.00-9.30 Healthy Aging, mental health through technology
Innovation**

Coordination: Katie Zahila

Evi Gintoni
Katie Zahila

**9.30-10.00 Prospectives of non-pharmaceutical treatment
in MCI and mild dementia**

Presentation: Eleni Giakoumaki

Fotini Kounti

**10.00-11.30 Workshop:
Integrated care for chronically ill patients.
The Experience of the Palliative Care Unit of
"GALILEA", Mesogea Attica**

Alice Cherkezoglou

Presentation of the group: Simeon Panagiotakis

Alice Tserkezoglou
Fotini Deskou
Spyros Tsotakos

11.30-12.00 Coffee Break

**12.00-12.30 TRADITIONAL GREEK NUTRITION AND
PREVENTION OF DEMENTIA PROGRESSION**

Coordinates: Ioannis Mouzas

Antonis Kafatos
Cleo Spanakis

**12.30-13.00 ΠABINN-Presentation of the results from the Study of the brains of
Crete**

Presentation: Ioanna Kortsidaki

Anestakis Doxakis
Magda Tsolaki
Ioanna Kortsidaki
Ioannis Zaganas

**13.00-13.30 ApoE role in lipid homeostasis and amyloid β ($A\beta$) accumulation in
the brain.**

Implications for the pathogenesis of Alzheimer's disease

Presentation: Antonis Kafatos

Vassilis I. Zannis

**13.30-14.00 Anxiety and Depression in Healthy Older People
and People with Mild Cognitive Impairment**

Presentation: Maria Grazia Sirimarco

Emm. Papastefanakis

**14.00-14.30 The right to ignorance of genetic information-
The case of Alzheimer's disease**

Presentation: Symeon Panagiotakis

Aphrodite Kastelianou

14.30-16.00 Break

16.00-16.30 Psychological interventions in patients with Mild Cognitive Impairment based on the Cognitive-Behavioral Treatment Program 'SKEPSI': Results

Presentation: Chryssa Zouraraki

Maria Karataraki

16.30-17.00 Factors related to psychological adaptation of patients with mild cognitive impairment

Presentation: Emmanouil Papastefanakis

Evangelos Karadimas

17.00-17.30 Greek Prospective Study on Aging and Nutrition (HELIAD): Updates and research directions

Presentation: George Pitsoulis

Nikos Skarmneas

17.30-19.00 COMMUNITIES FRIENDLY TO DEMENTIA: INTEGRATED MANAGEMENT OF DEMENTIA IN GREECE- NATIONAL OBSERVATORY AND NATIONAL ACTION PLAN FOR DEMENTIA

Coordinates: Paraskevi Sakka

19.00-19.30 Psychiatric Illnesses and Third Age

Presentation: Yannis Theodorakis

Alexander Vgontzas

19.30 OPENING CEREMONY

SATURDAY 29 SEPTEMBER 2018

**9.00-10.30 INTEGRATED MEDICAL CARE AND THIRD AGE
FROM THE SPECIALIZED DAY CLINICS TO THE GENERAL
PRACTITIONER**

Coordinators: Achilles Gikas, Ioannis Papadakis

Hypertension management

Control of hyperlipidemia

Diabetes

Anticoagulants and Third Age

Primary Prevention Policies in Primary Care

to avoid frailty at 3rd age

John Papadakis

Giorgos Vrentzos

Vangelis Maridakis

Nikos Sperovasilis

Nikos Tsakountakis

10.30-11.00 Coffee Break

**11.00-12.30 INTEGRATED MEDICAL CARE AND THIRD AGE
PREVENTION AND TREATMENT OF FRAILITY**

Coordinators: Panagiotis Mitsias, S. Panagiotakis

Vascular Stroke Episodes- Prevention-

Reduce complications and related disability

Cardiomyopathy - Intercourse with Primary Care

Holistic and Interdisciplinary approach

Technology and older with renal insufficiency

Electronic Medical Files

Panayiotis Mitsias

Michalis Hamilos

Symeon Panagiotakis

Garyfalia Prysini

Dimitris Kounalakis

12.30-13.30 UPDATE ON THE IMAGING OF THE BRAIN

Coordinator: Panagiotis Simos

Illustration of Alzheimer's Disease with unconventional

Magnetic Resonance Techniques

The role of Nuclear Medicine in Diagnostic Approach

of Alzheimer's Disease

Efrosini Papadakis

Olga Bourogianni

**13.30-14.00 The Inheritance in Alzheimer's disease and
related dementias**

Presentation: Evangelos Grinakis

Ioannis Zaganas

14.00-14.30 Medical Tourism in People with Dementia

Presentation: Mary Detoraki

Eleni Antoniadou

Konstantina Iacovou

Magda Tsolaki

14.30-16.00 Break

**16.00-17.30 DEMENTIA AND QUALITY OF LIFE OF FAMILY
CAREGIVERS**

Coordinators: Eliza Iatraki, Nikos Sfakianakis

The burden of care and the quality of life of family

caregivers

Argyroula Kalaitzaki

Sophie Koukouli,

Relieving the stress of caregivers Nutritional status and nutritional needs of the family caregivers	Symeon Panagiotakis, Michaela Fukaki, Ioanna Kortsidaki, Perla Werner, Chariklia Tziraki Kallia Maniorou
Sources of mental resilience for caregivers of patients with dementia: a quality study	Anastasia Markaki- Anna Chalkiadaki Dionysia Kroustalaki- Vassilis Vassilakis
Patients with dementia in public hospitals A modern challenge for nursing staff-A comparative study between two countries	Mara Gioca Julia Schneider Birgit Teichmann's Magda Tsolaki

**17.30-18.00 Bridging the generation gap
through the game**

Presentation: Pavlos Potourides

Evangelia Angelidou

**18.00-18.30 MOLECULAR MECHANISMS FOR THE CONNECTION OF
ALZHEIMER'S DISEASE WITH AGEING**

Presentation: Symeon Panagiotakis

Nektarios Tavernarakis

**18.30-19.00 THE MICROVIOME OF THE COLON AND ITS
RELATIONSHIP WITH ALZHEIMER'S DISEASE**

Presentation: Ioanna Kortsidaki

Magda Tsolaki

21.00-22.30 Musical-Theater Performance: A whole Cretan village, Katalagari, presents with sensitivity the work "Knowledge and Light in Alzheimer's Disease" in the framework of the FESTIVAL OF THE HERAKLION MUNICIPALITY at THE PYLI BETHLEEM GATEWAY at 21.00 (free admission)

SUNDAY 30 SEPTEMBER 2018
Guided tour by Mrs Detoraki

POSTER PRESENTATION

Personalized Counseling Intervention to Caregivers of People with Dementia
EXARCHAKOU B.¹, SAKKA P.¹, PRAGASTI G.¹, LIFE C.¹

1. Athens Alzheimer's Disease and Related Disorders Association, Greece

Program "I care for Dementia in the Community": An Integrated Intervention for
Dementia and N. Alzheimer in Patras

Theodoropoulos Dimitrios¹, Frunta Maria², Tselepi Ioanna³, Koumanakos George⁴

1.Social Worker MSc, Public Benefit Society, 'Frontizo'

2.Psychologist MSc, Public Benefit Society, 'Frontizo',

3.Social Worker, Public Benefit Society, 'Frontizo'

4. Sports Trainer MSc, Chair of the Board, Public Benefit Society, 'Frontizo'

The significance of carob on the diet and its contribution to healthy aging

Nicoleta Kapsoritaki ¹

1 Dietician-Nutritionist

The use of ICF in the design of speech therapy programs for neurodegenerative
disorders

Roumelioti Liakouri Angeliki¹, Papadopoulos Eleftherios²

1. Speech Therapist, Center for Speech Therapy EKFRASI LOGOU, Heraklion, Crete

2. SpeechTherapist, Center for Speech Therapy and Occupational Therapy, Kilkis

My grandfather and Mr. Alzheimer

Knowledge, experience, efficiency

E.Michis-Zhengou *, M.Tsolaki **, S.Bakouras ***, Th.Kotsika ****

* Veterinarian Msc, -Writer

** Neurologist-Psychiatrist, Theologos, Professor of Neurology Aristotele University,
President of the Panhellenic Federation of Alzheimer

*** Neurologist-Psychiatrist, Professor Emeritus of TEI of Thessaly

**** Illustrator, Technologist Farmer

General Information

Reception: Mrs Mary Detoraki, Mrs Eleni Kastrinaki, Mrs Kate Sbokou

The Congress will take place in the Ball Room of Galaxy Hotel.

The Secretariat will be in the hall in front of the Ball Room.

Banquets and coffee breaks will take place in front of the hotel's Galaxy pool.

Conference Language

The official language of the conference will be the Greek.

Records

Doctors 50 €

Qualified Doctors, Health & Welfare Professionals 20 €

Undergraduate and Postgraduate Students * free of charge

* Students must present their passport or triptych.

The entry includes:

- Follow-up of the scientific program
- Conference material
- Certificate of Attendance
- Participation in the Opening Ceremony
- Coffee Breaks

Entries will be made at the Congress Secretariat, which will be in the Congress hall.

The Secretariat of the Congress will operate in the following days and hours

Thursday 27 September 2018 09.00 - 21.00

Friday 28 September 2018 09.00 - 21.00

Saturday 29 September 2018 09.00 - 21.00

Attendance Certificates

Follow-up Certificates will be delivered by the Secretariat on the afternoon of the last day of the Congress on Saturday, September 29, 2018.

Attendance certificates will be issued only to participants who have attended at least 60% of the total hours of the program and by completing and submitting the Assessment Report to be received by the Secretariat of the Congress.

Continuing Medical Education

Under the EACCME - UEMS criteria, the Pan - Hellenic Medical Association will provide 22 modules of Continuing Medical Education (CME - CPD), mutually recognizable from all EU countries. According to the EACCME - UEMS criteria, the molecules are only given to doctors.

The lectures will be given to physicians by completing and submitting the Assessment Report to be received by the Conference Secretariat.

THERE WILL BE A POSTERS' PRESENTATION

Suspension:

Wednesday 26.9.2018

In the Galaxy Hotel there will be a pre-arranged posting space for the announcements, where they will be posted throughout the Conference.

In each posting box, the Secretariat will be assigned the code number of each abstract and the authors are asked to post their work in the designated positions.

Authors will be able to obtain the required materials for posting their posters from the Secretariat.

SPEAKERS - COORDINATORS TITLES

1. Aggelidou Evangelia, Mental Health Counselor PCA
MSc Univ. of Strathclyde, Glasgow UK
Certification. Ed. PET Parents
President of the Association of Alzheimer's disease in Chalkis
Member of the Board Panhellenic Federation of Alzheimer
2. Ameridou Ioanna, Medical Doctor, Neurologist MD, PhD
3. Androulaki Zacharenia, Professor of the Department of Nursing,
Technological Educational Institution (TEI) of Crete,
4. Androulakis Emmanouil Statistics, MSc, PhD, Department of Nursing, TEI of Athens
5. Anestakis Doxakis, Medical Doctor - Pathologist,
Scholar of Histopathology of the Aristotle University of Thessalonica
President of the Pan-Hellenic Bio-bank for Neurological Diseases
6. Antoniadou Eleni, Poetess, Teacher
7. Atsalis Emmanouil, Lawyer
8. Atsali Marianthi Teacher
9. Vassilakis Vassilios Psychologist, President of Alzheimer's Association of Rethymnon
10. Vlastou Anna Lisa, Nursing Student, Department of Nursing, TEI of Crete
11. Vgonzas Alexandros, Medical Doctor, Professor of Psychiatry, Director of Department of Psychiatry, Medical School University of Crete.
12. Vrentzos Georgios, Medical Doctor, Physician, Senior Consultant,
Department of Internal Medicine, Heraklion University Hospital
13. Gargareki Anastasia, General Practitioner
14. Yakoumaki Eleni, Deputy Director of 7th YPE Crete
15. Giannakopoulou Ioulia, Nursing Student, Department of Nursing, TEI of Crete
16. Ghikas Achilleas, Medical Doctor, Professor of Internal Medicine, Director of the Department of Internal Medicine, Medical School of Crete
17. Gintoni Eugenia, Psychologist, PhD
18. Gioka Mara, Cognitive Psychologist-Neuropsychologist MSc, PhD Candidate,
Department of Medicine, University of Athens
19. Grinakis Evangelos, Medical Doctor, Psychiatrist
20. Deskou Fotini Nurse, MSc, Palliative Care Unit, "GALILEA"
21. Detoraki Mary, Guides, Member of the Board of 'SOLIDARITY'
22. Epitropakis Spyridon, Head of Social Welfare Directorate of the Region of Crete
23. Zaganas Ioannis, Medical Doctor, Neurologist, Assistant Professor of the Department of Neurology, Medical School University of Crete

24. Zannis Vasilis, Medical Doctor, PhD, Emeritus Professor at the University of Crete, Professor at the University of Boston
25. Zacharenakis Konstantinos, Specialist Music-psychotherapist, University of Crete
26. Zahila Katie, Psychologist, Vice-President, Alzheimer's Association of Rethymnon
27. Zouraraki Chrysoula, Psychologist MSc, PhD candidate, member of the Voluntary Group of SOLIDARITY
28. Zouros Eleftherios, Professor Emeritus University of Crete, Associate Member of the Academy of Athens
29. Theodorakis Ioannis Paul, Engineer, Member of the Board of 'SOLIDARITY'
30. Theodoraki Katerina, Psychologist, member of the Voluntary Group of 'SOLIDARITY'
31. Iakovou Konstantina Vasiliki, Architect, PhD candidate at the Department of Architecture Aristotle University of Thessaloniki
32. Iatraki Eliza Psychologist/Social Worker, MPH University of Crete, PhD Candidate University of Crete, Member of the Scientific Committee of 'SOLIDARITY'
33. Kalaitzaki Argyroula, Psychologist, Assistant Professor of Clinical Psychology Department, Director of the 'Laboratory of Interdisciplinary Approach for Improving the of Quality of Life', Department of Social Work, School of Health & Welfare Professions, TEI Crete
34. Karadimas Evangelos, Psychologist, Professor of Clinical Psychology of Health, Department of Psychology, University of Crete
35. Karataraki Maria Psychologist
36. Kasamba Argyro Maria, Statistician MSc, PhD, Department of Nursing, TEI of Athens
37. Kastrinaki Eleni, member of the Board of 'SOLIDARITY'
38. Kastelianou Aphrodite, Health Visitor/Dietitian MSc in Public Health & MSc in Bioethics, General Hospital of Rethymnon
Katsapi Chrysa, Social Worker of the Municipality of Malevizi
39. Kafatos Antonis, Emeritus Professor at the University of Crete
40. Kaffatou Eleni Maria, Nursing Student, Department of Nursing, TEI of Crete
41. Kapsoritaki Nikoletta, Nutritionist, member of the Voluntary Group of 'SOLIDARITY'
42. Kleisiaris Christos, Nurse, Assistant Professor, MSc, PhD, Department of Nursing, TEI of Crete
43. Korsidakis Ioanna, Visitor of Public and Social Hygiene, Chairman of the Board of Alzheimer's Association of Heraklion "Solidarity"
44. Kosmadakis Nikos, Journalist, Graduate of Political Science Department, MSc in Bioethics
45. Kounalakis Dimitris, Medical Doctor, General Practitioner, MsC, PhD.
46. Kounti-Zafeiropoulou Fotini, Psychologist, Dementia Lead, Brains in action, BRINA Ltd.
47. Koukouli Sofia, Sociologist, Assist. Professor of Social Policy, Department of Social Work, School of Health & Welfare Professions, TEI Crete
48. Koutra Aikaterini, Assist. Professor of Psychology, University of Crete
49. Kroustalaki Dionysia, Psychologist PhD

50. Kyriazis Marios, Dr Gerontologist, candidate for Nobel prize in Medicine 2017
51. Lionis Christos, Medical Doctor, Professor of General Medicine and Primary Health Care, Director of the Clinic of Social and Family Medicine of the University of Crete
52. Maniorou Kallia, Psychologist, collaborator and member of the Voluntary Group of 'SOLIDARITY'
53. Maridakis Evangelos, Medical Doctor, Consultant Physician, Department of Internal Medicine, Heraklion University Hospital
54. Markaki Anastasia, Associate Professor of Dietetics Nutrition, School of Health & Welfare Professions, TEI of Crete
55. Marouda Maria Daniela, Assistant Professor, Department of International and European Studies, Panteion University of Athens, Dr. International Law, Member of the Steering Committee of the Humanitarian Law and Action in the Division of the European Human Rights Education Center

56. Melissari Ioanna-Aikaterini, Speech Therapist MSc
57. Mitsias Panagiotis, MD Neurologist, Professor of Neurology, Director of the Department of Neurology, Medical School, University of Crete,
58. Mouzas Ioannis, MD Gastroenterologist, Professor of the Department of Gastroenterology, Medical School, University of Crete.
59. Basta Maria, MD Psychiatrist, Assist. Professor of Psychiatry, Department of Psychiatry, Medical School of Crete
60. Burogianni Olga, MD Nuclear Physician, PAGNI
61. Niraki Georgia, Lawyer
62. Nomidou Aikaterina, CRPD Legal Consultant, WHO Quality Rights Consultant, SOFPSI Serres
63. Panagiotakis Symeon, MD Consultant Physician, MSc in Gerontology, PhD, Department of Internal Medicine, Heraklion University Hospital, Vice-Chairman of the Board of Directors of Alzheimer's Association "SOLIDARITY"
64. Papadaki Efrosini, MD Radiologist, Assistant Professor of Neuroscience, Department of Radiology, Medical School, University of Crete
65. Papadakis Ioannis, MD Senior Consultant, PhD, Department of Internal Medicine, Heraklion University Hospital
66. Papatthanasίου Ioanna, Assistant Professor, MSc, PhD, Department of Nursing, TEI of Thessaly
67. Papasthenakakis Emman. Psychologist, MSc, PhD Crete, partner and member of the Voluntary 'Solidarity' Group
68. Papoutsakis Kostas, Informatics PhD, Research Assistant at Computer Vision and Robotics Lab. ICS-FORTH, member of the Voluntary Group of 'SOLIDARITY'
69. Paterakis Stefanos, Physiotherapist, member of Voluntary Group of 'SOLIDARITY'
70. Perysinaki Garyphalia, MD Nephrologist PhD, Nephrology Department of Rethymnon Hospital, Member of the Scientific Committee of 'SOLIDARITY'
71. Perysinaki Styliani, Medical Doctor Neurologist
72. Peteinaraki Eleni, Psychologist, collaborator and member of the Voluntary Group of 'SOLIDARITY'
73. Pitsoulis Georgios, Medical Doctor, President of the District Council of Crete

74. Potouridis Pavlos, Teacher of Physical Education, Personal Trainer - Specialization Therapeutic Gymnastics
75. Prouskas Costis, Psychologist - Dr. Gerontology, Special Secretary of the Hellenic Gerontology & Geriatric Society (EGG)
76. Sakka Paraskevi Doctor Neurologist-Psychiatrist, MD, PhD, President of Athens Association of Alzheimer's Disease, President of the National Observatory for Dementia in Greece
77. Sakellariou Eleftheraki Eva, Secretary of the Board of Directors 'SOLIDARITY'
78. Sabrovalaki Eva, Dr of Physical Education, member of Voluntary Group of 'SOLIDARITY'
79. Sekertzi Georgia, Social Worker, member of the Voluntary Group of 'SOLIDARITY'
80. Sialtsis Michalis, Student of the Medical University of Crete
81. Simos Panagiotis, Psychologist, Professor of Neuropsychology, Department of Psychiatry, Medical School, University of Crete
82. Skarmas Nikos, MD Neurologist, Professor of Neurology, University of Athens, and University of Columbia
83. Sbokou Kaiti, Teacher, Member of the Board of Directors 'SOLIDARITY'
84. Spanaki Kleio, MD Neurologist, Assistant Professor of Neurology, Department of Neurology, Medical School, University of Crete
85. Spornovasilis Nikos, MD Consultant Physician, Department of Internal Medicine, Heraklion University Hospital
86. Sfakianakis Nikos, Social Worker, Associate and member of the Voluntary Group of 'SOLIDARITY'
87. Sue Shea, Psychologist, Research working with the University of Crete and independent consultant with various UK institutions
88. Schneider Julia, Netzwerk Alternsfo Rschung (NAR), University of Heidelberg

89. Tavernarakis Nektarios, President of FORTH, Professor of Molecular Biology of Systems, Medical School, University of Crete
90. Teichmann Birgit, Netzwerk Alternsfo Rschung (NAAR), University of Heidelberg

91. Tzanaki Eleftheria, Dentist, member of the Voluntary Group of 'SOLIDARITY'
92. Tzanakaki Melissari Maria, Medical Doctor Neurologist, President Alzheimer's Association of Chania, Chief Executive Officer in the Mental Health Sector of Chania & Ordinary Member of the Programming Committee. Vice-President of the Pan-Hellenic Federation of Alzheimer's Disease
93. Tryfonopoulos Stathis, Psychologist, MSc Psychology and Health
94. Tsakountakis Nikos, Medical Doctor, General Practitioner
95. Tserkezoglou Aliko, Obstetrician Gynecologist Oncologist, Director of the "GALILEA" Palliative Care Unit Mesogea Athens, Post Graduate Relief Medicine University of Cardiff, Wales
96. Tsolaki Magda, MD Neurologist-Psychiatrist, Theologian, Professor of Neurology, Director of Neurology Department, Aristotle University of Thessaloniki, Vice President of Alzheimer Hellas,

President of the Panhellenic Federation of Alzheimer's Disease and Related Disorders

97. Tsotakos Spyros, Social Worker, Psychologist, MSc, Head of the Psychosocial Sector of the Palliative Care Unit of "GALILEA", Mesogea, Athens
98. Tziraki Chariklia, Medical Doctor, PhD, Director, Research Institute, MELABEV, Community Elders Clubs, Jerusalem Israel and Advisor, Gerontological Research Data Center, Hebrew University of Jerusalem
99. Fukaki Michaela, Social Worker, Msc Psychology & Mental Health, Day Care Center for the Elderly of the Municipality of Gortyna
100. Fronimaki Popi, Member of the Board 'SOLIDARITY'
101. Fotopoulos Sotiris, Physiotherapist
102. Hamilos Michalis, MD Consultant Cardiologist, Department of Cardiology, Heraklion University Hospital
103. Chalkiadaki Anna, Dietician - Nutritionist, Candidate MSc of Medical School, University of Crete
104. Hatzaki Fotini, Teacher and baby nursery,, member of the Voluntary Team of 'SOLIDARITY'
105. Perla Werner, Professor, Vice Rector of Haifa University